



Each of us feels many emotions as we see Americans fighting in Iraq, news about terrorist plots, and super-tight security at airports. We may even worry about flying on an airplane when we never did before. One way to cope with our feelings is to write them down. On the diary page below, record how you feel about the way life in America has changed since September 11, 2001.

A large illustration of a spiral-bound notebook. The notebook is shown from a three-quarter perspective, with the spiral binding on the left side. The page is lined and has the handwritten text 'Dear Diary,' at the top. The notebook is drawn with multiple lines to suggest depth and shading.